

Earth Healing through Spiritual Agriculture

Facilitator: Alex Tuchman

When first coming into relationship with a particular place or landscape, the questions: "Who are you? What do you need? How can I serve you?" can be a helpful doorway into discovering how to work with the land in the most healthy and balanced way. Carrying out festivals, rituals, and other earth healing activities which honor the temple of nature with openness and humility helps us awaken our senses to the unique elemental world of a particular place, breathe in the environment deeply, and build trust with the beings there. The biodynamic preparations play an essential role in this activity as well. Join us as we consciously enter into a relationship with this unique Manitoba landscape, working together through ritual, perception, observation, eurythmy, and practical work on the land.

The Working Together group will build up over these four days containing the following main elements:

- Practical work, including building a biodynamic compost pile
- Sensing and interacting with the unique qualities of the landscape with the help of biodynamic preparations and eurythmy exercises
- Deepening our understanding of the elemental beings and nature spirits and how we can support them and work more closely with them.

Section Affiliation: The Agriculture Section

Team Members: Alex Tuchman, Monika Pudelko, Robert Karp

Number of Participants: All who want to participate are welcome

Alex Tuchman



Alex is a beekeeper, educator, farmer, author, and student of nature. As the Director of Spikenard Farm Honeybee Sanctuary, Alex carries a wide variety of responsibilities on the farm, with the bees, in the classroom, and in administration. Alex arrived at Spikenard Farm in March of 2014 after three years as the Farm Manager of Loyola University Chicago's Student Farm in Woodstock, Illinois, his home state. Alex is an active member of the Agriculture Section of the School for Spiritual Science and a consistent contributor to the biodynamic agriculture and natural beekeeping movements and regularly teaches at conferences in the U.S., around the world, and online. Alex's book, *A Lively Hive*, was published in 2021, outlining the basic biodynamic beekeeping methods that are practiced and taught at Spikenard Farm.

Robert Karp



Robert Karp, M.Ed. is a consultant, educator, writer, and social entrepreneur informed by the insights of the philosopher and social activist Rudolf Steiner. Robert is a long-time leader in the sustainable agriculture movement in the US and is the former executive director of the Biodynamic Association and of Practical Farmers of Iowa. Robert's writings include *Toward an Associative Economy in the Sustainable Food and Farming Movement*; *Social Justice in the Light of Anthroposophy*; *The Sacred Wound: Understanding and Responding to the Call of Grief*; and *Agriculture and the Sacred*, which was published as a chapter in the book *Journeys and Awakenings, Wisdom for Spiritual Travelers*, published by Sacred Spirit Books. You can learn more about Robert and find many of his writings on his website at www.robertkarp.net.

Monika Pudelko



Monika Pudelko, originally from Germany, is a certified and experienced Waldorf teacher, eurythmist, biodynamic gardener, knitwear designer, off-grid homesteader, and initiative founder in Manitoba, Canada.

She has been stewarding the land where the festival is going to take place since 2016, introducing the biodynamic preparations to Manitoba in 2015, and building an Earthship with an all-year-round greenhouse in organic architecture.

Monika is developing her farm and community and is giving classes and hosting events.

Thursday, August 10

11:30 am Those wanting to participate in this Working Together group will have the opportunity to arrive early, to begin to sink into the landscape and prepare.

Friday, August 11

11:30 am **WTB1** Earth Healing Through Spiritual Agriculture
Alex Tuchman, Monika Pudelko, Robert Karp
The “human will” in agriculture; compost building, biodynamic preparations.

Saturday, August 12

11:30 am **WTB2** Earth Healing Through Spiritual Agriculture
Alex Tuchman, Monika Pudelko, Robert Karp
Spirit sensing and feeling in agriculture, landscape observation, compost building, and biodynamic preparations.

Sunday, August 13

11:30 am **WTB3** Earth Healing Through Spiritual Agriculture
Alex Tuchman, Monika Pudelko, Robert Karp
Spirit beholding and human thinking in agriculture, landscape observation, compost building, and biodynamic preparations.

Monday, August 14

11:30 am **WTB4** Earth Healing Through Spiritual Agriculture
Alex Tuchman, Monika Pudelko, Robert Karp
Combining all the aspects we have learned, finishing projects, sharing experiences. Preparing a Festival contribution.